





MHRA Header Box

Product Title	Galenphol Linctus			Colours Used	Fonts Used	Point Sizes Used	
						Min	Max
Component	Portrait single ply label			 Process Black	Dax	8.5pt	26pt
Pack Size	2 Litre			 PANTONE 151 C	Helvetica	6pt	6pt
IG Code	22894810			 PANTONE 424 C	OCR B	8.57pt	8.57pt
Dimensions	100 x 60mm			 PANTONE 287 C			
Proof No.	2	Date	11.12.2017	<input type="checkbox"/> Keyline (Non-printing)			

Datamatrix: 22894810
VERIFIED

T + R SUGAR FREE

Galenphol

Linctus Pholcodine monohydrate 5mg/5ml

Relieves unproductive dry cough.
Liquid for oral use.

Adults, the elderly and children over 12 years: One or two 5ml spoonfuls three or four times a day.
No more than 4 doses should be given in any 24 hours.

Children under 12 years: Do not give to children under 12 years unless on medical advice.

Warning: Do not exceed the stated dose.

See leaflet for further precautions.

Active ingredient per 5ml: pholcodine monohydrate 5mg.

Other ingredients include: sodium parahydroxybenzoates (E215, E217, E219), ethanol 1%w/v, amaranth (E123) and glycerol (E422).

See leaflet for further information.

Keep out of the sight and reach of children.
Do not store above 25°C.

MA Holder: Thornton & Ross Ltd.,
Huddersfield, HD7 5QH, UK.
PL 00240/0101 22894810 

2litre e

5 011309 870619

LOT, MAN & EXP overprint area

PRINT LAYOUT DIAGRAM
65MM X 170MM MULTYPEEL WITH 5MM HINGE LEFT

FRONT FACE:

FRONT FACE REVERSE:

This medicine contains pholcodine monohydrate, which reduces the desire to cough. It relieves dry coughs which are without phlegm.

1. Before you use this medicine

Do not use the medicine if you have....

- An allergy to any of the ingredients listed in section 3.
- Liver disease.
- Shallow breath or breathing difficulties.
- An asthma attack.
- Taken MAOIs (monoamine oxidase inhibitors) for depression within the last two weeks.
- Or in children under 12 years old.

Talk to your doctor or pharmacist if you have....

- Kidney problems.
- Liver problems.
- A history of asthma or other breathing problems including bronchitis.

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- A cough for a long time or a cough which produces lots of phlegm.
- Talk to your doctor or pharmacist if you are taking....**
- Medicine for high blood pressure, e.g. ACE inhibitors, beta blockers.
- Diuretics, which help remove fluid from the body, e.g. furosemide, hydrochlorothiazide.
- Medicines used to treat sleeplessness, anxiety and schizophrenia.
- Alcohol or tranquillisers.
- Pain killers, e.g. morphine.
- Or are having surgery, as muscle relaxants used may react with this medicine.

Concomitant use of this product and sedative medicines such as benzodiazepines or related drugs increases the risk of drowsiness, difficulties in breathing (respiratory depression), coma and may be life-threatening. Because of this, concomitant use should only be considered when other treatment options are not possible.

However if your doctor does prescribe this product together with sedative medicines the dose and duration of concomitant treatment should be limited by your doctor. Please tell your doctor about all sedative medicines you are taking, and follow your doctor's dose recommendation closely. It could be helpful to inform friends or relatives to be aware of the signs and symptoms stated above. Contact your doctor when experiencing such symptoms.

Pregnant or breastfeeding....

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding.

Care Pholcodine Oral Solution Sugar Free should not be used in pregnancy unless the doctor has told you to do so. If you use it when breastfeeding, pholcodine monohydrate in this medicine will be present in small amounts in your milk.

Driving and using machines....

This medicine may cause drowsiness. If you are affected do not drive or operate machinery.

CARRIER:

Important ingredient information

- This medicine contains small amounts of ethanol (alcohol), less than 100mg per 10ml dose.
- It also contains sodium parahydroxybenzoates and amaranth dye which may cause allergic reactions (possibly delayed).

2. Possible side effects

Like all medicines, Care Pholcodine Oral Solution Sugar Free can have side effects, although these don't affect everyone.

Important side effects:

If you think you have any of the following side effects or symptoms, stop using this medicine immediately and see a doctor as soon as possible.

- Allergic reactions which cause difficulty in breathing, fever, swelling of the mouth, lips or skin, severe rashes and itching.

Other possible side effects are:

- Feeling sick.
- Constipation.
- Dizziness.
- Drowsiness.
- Getting excited.
- Confusion.
- Being sick.
- Rash.
- Failure to cough up phlegm.

If you notice these or any other side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

3. Further information

If you accidentally take too much see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

The active ingredient per 5ml is: pholcodine monohydrate 5mg.

The other ingredients are: citric acid monohydrate (E330), sodium methyl, ethyl and propyl parahydroxybenzoates (E215, E219, E217), glycerol (E422), ethanol, amaranth dye (E123), saccharin sodium, carmellose sodium, levomenthol, condensed milk flavour, aniseed flavour and purified water.

What the medicine looks like

Care Pholcodine Oral Solution Sugar Free is a thick red liquid which smells of menthol and aniseed. It is supplied in 200ml bottles.

This label was last revised in January 2019 92767651901

MHRA Header Box

MHRA Header Box		Product Title	Component	Pack Size	IG Code	Dimensions	Proof No.	Date	
Product Title	Care Pholcodine 5mg/5ml Oral Solution Sugar Free	Component	Landscape peelable label	Pack Size	200ml	IG Code	92767651901	Dimensions	65mm x 170mm
Proof No.	1	Date	31.01.2019	Colours Used	Process Cyan Process Magenta Process Yellow Process Black Keyline (Non-printing) Braille Print Free Area (Non-printing)	Fonts Used	Helvetica LT	Point Sizes Used Min Max	7pt 9pt

Braille reads:

care pholcodine oral solution sugar free
200ml
92767651901
65mm x 170mm
1
31.01.2019