PRINT LAYOUT DIAGRAM
65MM X 170MM MULTIPEEL WITH 5 MM HINGE LEFT

FRONT FACE:

LOT, MAN & EXP overprint area

Care

Care Codeine 15mg/5ml Oral Solution

Sugar Free

Codeine Phosphate

Calms dry or irritating coughs

Can cause addiction
Contains opioid

IMPORTANT: Peel this label at corner and read BEFORE use. Do not tear off, re-fix for future use.

For the relief of unproductive dry coughs. Take the solution by mouth.
Adults: Take 1 x 5ml spoonful, four times a day.
The elderly: Ask your doctor for advice. A lower dose may be more suitable.
Do not give to children under 18 years old.

WARNING: DO NOT EXCEED THE STATED DOSE.

If symptoms persist consult your doctor.
Peel where shown for further precautions.
Active ingredient per 5ml: codeine phosphate 15mg.

Also contains amongst other ingredients: ethanol, sunset yellow dye (E110), sodium methyl, ethyl and propyl parahydroxybenzoates (E219, E215, E217).
Peel where shown for full list of ingredients.
Do not store above 25°C.
Keep out of the sight and reach of children.
Manufactured by the licence holder Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.
PL 00240/0099 92767871905
PIP: 296-4633

200ml ℮ P

Peel Here

5 011309 015614 >

FRONT FACE REVERSE:

This medicine contains codeine phosphate, which reduces the desire to cough.

1. Before you use this medicine

Do not use the medicine if you have....
- An **allergy** to any of the ingredients listed in section 3.
- **Liver disease** or **severe kidney problems.**
- **Shallow breath** or **breathing difficulties.**
- A **head injury** or **persistent headache.**
- An **asthma attack.**
- Previously had a **blocked bowel** • Previously had an **addiction** to medicines containing **Codeine** or **Morphine** • If you know that you metabolise very rapidly codeine into morphine • Previously had a **bad reaction** to **codeine** (a known "ultra-rapid metaboliser" of codeine) • Or are **under 18** years old • If you are breastfeeding.

Talk to your doctor or pharmacist if you have....
- Kidney or liver problems (a reduced dose may be recommended by your doctor) • A history of asthma or other breathing problems, including bronchitis • Low blood pressure • Irritable bowel syndrome (IBS) or other bowel problems
- Abdominal pain • Myasthenia gravis (a disease of the muscles) • Underactive thyroid or adrenal gland problems (a reduced dose may be recommended by your doctor) • Gallstones or bile duct problems • Prostate problems • Problems passing urine • Irregular heartbeat • Fits • Or you are suffering from shock • Or you are elderly, as elderly people can react differently to the medicine. See section 2.

Talk to your doctor or pharmacist if you are taking....
- **MAOIs (monoamine oxidase inhibitors)** for depression, selegiline for Parkinson's Disease, or the antibiotic linezolid, or you have taken them within the last two weeks • Alcohol
- Metoclopramide or domperidone for nausea and vomiting • Quinidine, or mexiletine for irregular heartbeat • Any tranquillisers, antidepressants, sedatives, painkillers, general anaesthetics, sedating antihistamines or sleeping tablets • Any medicine for mental illness • Cimetidine for stomach ulcers • Sodium oxybate for sleeping disorders • Rifampicin for tuberculosis.

Pregnant or breastfeeding....
Codeine Oral Solution Sugar Free should not be used in pregnancy unless the doctor has told you to do so. Do not take codeine while you are breastfeeding. Codeine and morphine passes into breast milk.

Driving and using machines....
This medicine may cause drowsiness or dizziness. If you are affected do not drive or operate machinery. The medicine can affect your ability to drive as it may make you sleepy or dizzy.
- Do not drive while taking this medicine until you know how it affects you.
- It is an offence to drive if this medicine affects your ability to drive.
- However, you would not be committing an offence if:
  - The medicine has been prescribed to treat a medical or dental problem and
  - You have taken it according to the instructions given by the prescriber or in the information provided with the medicine and
  - It was not affecting your ability to drive safely.

Talk to your doctor or pharmacist if you are not sure whether it is safe for you to drive while taking this medicine.

92767871905

CARRIER:

Important ingredient information
- This product contains parahydroxybenzoates and sunset yellow dye which may cause allergic reactions (possibly delayed).
- It contains a small amount of ethanol (alcohol), less than 100mg per 5ml.

2. Possible side effects

Like all medicines, Codeine Linctus Oral Solution Sugar Free can have side effects, although these don't affect everyone.

Important side effects
Codeine is transformed to morphine in the liver by an enzyme. Morphine is the substance that produces pain relief. Some people have a variation of this enzyme and this can affect people in different ways. In some people, morphine is not produced or produced in very small quantities, and it will not provide enough pain relief. Other people are more likely to get serious side effects because a very high amount of morphine is produced. If you notice any of the following side effects, you must stop taking this medicine and seek immediate medical advice: slow or shallow breathing, confusion, sleepiness, small pupils, feeling or being sick, constipation, lack of appetite.

Other possible side effects are:
- Feeling or being sick • Dizziness or vertigo
- Constipation • Loss of appetite • Fits • Feeling unwell
- Muscle twitching or stiffness • Drowsiness
- Disturbed sleep • Difficulty in passing water • Dry mouth • Sweating • Headache • Facial flushing
- Fluid retention (e.g. swollen ankles and feet)
- Abnormal heartbeat • Feeling faint when standing up • Slow, shallow breathing • Low body heat
- Hallucinations • Mood changes • Feeling restless or confused • Pinpoint pupils or other problems with eyesight • Abdominal pain(including pain caused by inflammation of the pancreas (pancreatitis) or bile duct problems (biliary spasm))
- Prolonged use may worsen irritable bowel syndrome • Ureteric spasm (urine tube problem causing abdominal or lower back pain) • Low sexual urge • Allergic reactions such as itching and a rash • Elderly people may experience diarrhoea, stomach pain or a blocked bowel. Prolonged use may lead to addiction, dependence and tolerance (the medicine loses its effect).

If you notice these or any other side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

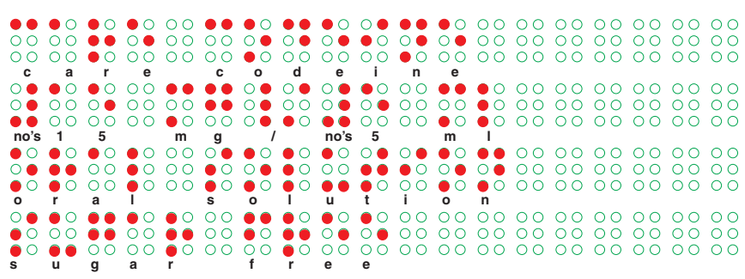
3. Further information

If you accidentally take too much see a doctor straight away. Take the pack with you to show which medicine you have swallowed.
- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

The active ingredient per 5ml is: codeine phosphate 15mg.
The other ingredients are: citric acid monohydrate (E330), sodium methyl, ethyl and propyl parahydroxybenzoates (E219, E215, E217), ethanol, sunset yellow dye (E110), saccharin sodium, carmellose sodium, levomenthol, condensed milk flavour (contains propylene glycol), orange flavour, glycerol (E422) and purified water.
What the medicine looks like
Codeine Oral Solution Sugar Free is a yellow syrupy liquid.
It is supplied in 200ml bottles.
Text revised: May 2019

92767871905

Braille reads:



PCP Header Box

Product Title	Care Codeine 15mg/5ml Oral Solution Sugar Free	**Colours Used**	**Fonts Used**	**Point Sizes Used Min**	**Max**	**Proof No.**	1	**Date**	31/05/2019
Component	Landscape peelable label	Cyan	Helvetica	7pt	9pt				
Pack Size	200ml	Magenta							
IG Code	92767871905	Yellow				**CRN**	16039	**Suffix** B	**Approved by** **Date**
Dimensions	65mm x 170mm	Black				**Local Authority submission required**	Yes		
Reference Profile Number		Keyline (Non-printing)							
Barcode	EAN 13 5011309015614	Braille							
Pharmacode	N/A	Print free area (Non-printing)							**Issued by** **Date**
Datamatrix	2767871905	Universal							
Verification	2767871905	Cirrus_Info_Box							
Reason for Change	Addition of addiction warning.								

BODY TEXT ONLY