

# Cuplex® Verruca Gel

Salicylic Acid 11 % w/w and Lactic Acid 4 % w/w

## Read all of this leaflet carefully before you start using this medicine.

- This medicine is available without prescription. However, you still need to use it carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

## In this leaflet:

1. What Cuplex Verruca Gel is and what it is used for.
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## 1. WHAT CUPLEX VERRUCA GEL IS AND WHAT IT IS USED FOR

Cuplex Verruca Gel is a treatment for calluses, corns, verrucas and warts.

**Warts and verrucas** are small excessive growths of skin caused by a type of virus. Warts often occur on the fingers, or on the back of the hands. You can recognise the common wart by the rough 'cauliflower-like' appearance of the surface. Verrucas occur only on the sole of the foot. They can be painful, and often look like a small white ring of skin with black dots in the centre. The virus is very infectious. This means that warts and verrucas can grow and spread, particularly if left untreated. The virus can also be transferred from one person to another.

**Corns and calluses** are hard, thick pads of skin caused by pressure and friction. They usually occur on the feet due to poorly fitting shoes. They can also occur on the hands.

Cuplex Verruca Gel is suitable for use by adults, the elderly and children aged over 2 years. Children under 12 should be treated under supervision and treatment of infants under 2 years is **not** recommended.

The active ingredients in this product are salicylic acid and lactic acid, they work by softening the hard skin growth, making it easier to remove with a pumice stone or emery board and help to kill the virus that causes warts and verrucas.

## 2. BEFORE YOU USE CUPLEX VERRUCA GEL

### Do not use Cuplex Verruca Gel

- if you are **allergic (hypersensitive)** to salicylic acid, lactic acid or to any of the other ingredients of Cuplex Verruca Gel. (See Section 6)
- if you are diabetic or suffer from poor blood circulation to your hands or feet
- anywhere on or near your face, armpits, breasts, bottom or genital (sex) area.
- on birthmarks, moles (especially pigmented moles), warts with hairs growing from them, facial warts or any other spots.

If you are unsure whether you have a callus, corn, verruca or wart that is suitable for treatment with Cuplex Verruca Gel, ask your doctor or pharmacist before starting treatment.

### Take special care when using Cuplex Verruca Gel

Apply Cuplex Verruca Gel **carefully** to the callus, corn, verruca or wart only by squeezing the tube very gently.

- it is important that the gel is only put onto the callus, corn, verruca or wart and not on to the surrounding healthy skin. If Cuplex Verruca Gel is in contact with normal healthy skin for any length of time it can cause irritation or pain.
- do not apply excessive amounts of gel.
- keep the gel away from your eyes, nose and mouth and from broken skin, cuts and grazes.
- **avoid spillage** as this may cause damage to you, your clothing and your possessions (see Section 4).
- do not fold the tube because this may damage it and make it leak.
- the gel is volatile and highly flammable. Do not use it near flames or ignition sources.
- avoid inhaling the vapour from the gel.

### Taking other medicines

This product is not known to affect, or to be affected by, any other medicines.

### Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before using this medicine.

### Driving and using machinery

Using this product is not known to affect your ability to drive or use machinery.

## 3. HOW TO USE CUPLEX VERRUCA GEL

**Cuplex Verruca Gel is for external use only and must not be taken by mouth.**

Use Cuplex Verruca Gel only on calluses, corns, verrucas or warts on sites that it is recommended for use.

Cuplex Verruca Gel is suitable for use in all ages, except in infants (under 2 years of age).

### To use the gel

Follow these steps once every day, usually in the evening. Carry on using the gel in this way until the callus, corn, verruca or wart disappears.

The top of the tube is sealed to prevent it being tampered with. Use the spike in the top of the cap to pierce this seal when you first use it.

1. Soak the callus, corn, verruca or wart in warm water for 2-3 minutes.
2. Dry the area thoroughly with your own towel; this towel should be used only by you for the affected site(s) only.
3. Carefully apply one or two drops of Cuplex Verruca Gel to the callus, corn, verruca or wart only and allow to dry over the surface. It will form a water resistant clear brown film over the affected site.
4. Take care to avoid spreading on to surrounding normal healthy skin. If you use too much gel, wipe off any excess with a tissue, if necessary wash the area. No sticking plaster is required.
5. The next evening remove the clear brown film and re-apply. Repeat steps 1 to 3 to re-apply the gel.
6. If removal of the clear brown film is difficult, carefully re-apply directly over it and leave it to dry.
7. Once every week, rub away the callus, corn, verruca or wart surface carefully with an emery board or pumice stone. Do **not** let anyone else use the emery board or pumice stone as this may spread the infection to them.
8. Replace the cap on the tube tightly and wash your hands thoroughly after using the gel.

It is important that you use Cuplex Verruca Gel regularly and correctly every night. The length of treatment will depend on the size and resistance of the callus, corn, verruca or wart.

- Be patient, it will take between 6 and 12 weeks for most calluses, corns, verrucas or warts to disappear.
- It is important you do not give up on the treatment until the callus, corn, verruca or wart has disappeared (unless irritation occurs, see Section 4).
- At the end of treatment, if the clear brown film is difficult to remove, you can leave it and it will eventually fall off.

If the callus, corn, verruca or wart gets worse or has not disappeared after about 12 weeks of treatment ask your doctor for advice.

#### **If Cuplex Verruca Gel**

- gets in to your eyes or mouth it may cause harm. Rinse the eyes or mouth with plenty of water. If rinsing one eye take care to avoid rinsing product into the other eye. Do not attempt to induce vomiting. Contact your doctor or local hospital for further advice.
  - is inhaled, it may make you feel light headed. If this happens get plenty of fresh air.
- If you forget to use Cuplex Verruca Gel do not worry, use it when you remember.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Cuplex Verruca Gel can cause side effects although not everybody gets them:

- while the gel is working you may feel a slight tingling sensation and/or some mild tenderness at the treated area. This is usually temporary, and in rare cases may appear as a temporary blemish on the skin.

- If you mistakenly allow the gel to spread onto and remain in contact with areas of normal skin (see precautions in Section 2), it may cause irritation.
- If you spill the product on your clothes, fabrics, jewellery or metal and polished surfaces it may damage them permanently.

Stop using this product and tell your doctor or pharmacist if you experience unacceptable discomfort or if irritation continues, or if any of the side effects get serious, or you notice any other side effects not mentioned in this leaflet.

#### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine'

## **5. HOW TO STORE CUPLEX VERRUCA GEL**

**Keep Cuplex Verruca Gel out of the reach and sight of children.**

Do not use Cuplex Verruca Gel after the expiry date which is stated on the tube and carton after the abbreviation used for expiry date (EXP). The expiry date refers to the last day of that month.

Do not store above 25°C. Do not allow it to freeze.

Always replace cap tightly after use.

This product is highly flammable. Keep it away from naked flames or ignition sources.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## **6. FURTHER INFORMATION**

#### **What Cuplex Verruca Gel contains**

The name of your medicine is Cuplex Verruca Gel and it contains 11% w/w Salicylic acid and 4% w/w Lactic acid as the active ingredients. The other ingredients are Venice turpentine, colophony, collodion and ethanol (96%).

#### **What Cuplex Verruca Gel looks like and contents of the pack**

Cuplex Verruca Gel is a clear, yellowish brown gel.

Cuplex Verruca Gel is available in 5g tubes.

#### **Marketing Authorisation Holder:**

Crawford Healthcare Ltd, King Edward Court, King Edward Road, Knutsford, Cheshire WA16 0BE.

#### **Manufacturer:**

A/S Den norske Eterfabrikk, Karihaugveien 22, 1086 Oslo, Norway.

This leaflet was last approved in: February 2015.

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