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HEDEX Paracetamol

Please read right through this leaflet before you start using this medicine.
This medicine is available without prescription, but you still need to use Hedex tablets carefully to get the best results from them.
- Keep this leaflet, you may need to read it again.
- If you have any questions, or if there is anything you do not understand, ask your pharmacist.

In this leaflet:

1. What Hedex does
2. Check before you take Hedex
3. How to take Hedex
4. Possible side effects
5. How to store Hedex
6. Further information

1. What Hedex does

Hedex can provide effective relief of headache, including migraine and tension headaches, backache, rheumatic and muscle pain, toothache and period pain.
It also relieves sore throat and the fever, aches and pains of colds and flu. The active ingredient is paracetamol which is a painkiller and also reduces your temperature when you have a fever.

2. Check before you take Hedex

Do not take Hedex:

- **if you have ever had an allergic reaction** to paracetamol or to any of the other ingredients (listed in Section 6)
- if you are **taking other medicines containing paracetamol.**

Ask your doctor before you take this medicine:

- if you have **liver** or **kidney disease**, including **alcoholic liver disease.**

If you are taking other medicines

Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines; particularly **metoclopramide** or **domperidone** (for **nausea** [feeling sick] or **vomiting** [being sick]) or **colestyramine** (to lower **blood cholesterol**). If you take **blood thinning drugs** (**anticoagulants** e.g. **warfarin**) and you need to take a pain reliever on a daily basis, **talk to your doctor** because of the risk of bleeding. But you can still take **occasional** doses of Hedex at the same time as anticoagulants.

Pregnancy and breast feeding

Talk to your doctor before taking Hedex if you are **pregnant**. You can take this product whilst **breast feeding**.

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3. How to take Hedex

Age	How much	How often
Adults and children over 16 years	1 or 2 tablets	Every 4-6 hours as required. Don't take more than 8 tablets (4 doses) in any 24 hours
Children 12 - 15 years	1 to 1½ tables	Every 4-6 hours, as required. Don't take more than 6 tablets (4 doses) in any 24 hours
Children 10 - 12 years	1 tablet	Every 4-6 hours, as required. Don't take more than 4 tablets (4 doses) in any 24 hours
Children 6 - 10 years	½ tablet	Every 4-6 hours, as required. Don't take more than 2 tablets (4 doses) in any 24 hours
• Do not give to children under 6 years of age.		

- **Do not take more frequently than every 4 hours.**
- **Do not take more than the recommended dose.**
- **Do not give to children for more than 3 days at a time unless your doctor tells you to.**

If you take too many tablets
immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage. If your symptoms continue or your headache becomes persistent, **see your doctor.**

4. Possible side effects

Like all medicines, Hedex can have side effects but not everybody gets them. A small number of people have had side effects.

Stop taking the medicine and **tell your doctor immediately** if you experience:
- **Allergic reactions** which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath
- **Skin rash or serious skin reactions (very rare cases reported)**
- **Breathing problems.** These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- Unexplained **bruising** or **bleeding**
- **Nausea**, sudden **weight loss**, **loss of appetite** and **yellowing of the eyes and skin.**

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Hedex

Keep out of the sight and reach of children.
Do not use this medicine after the 'EXP' date shown on the pack.

6. Further information

Active ingredient: Each tablet contains Paracetamol 500 mg.
Other ingredients: Maize starch, potassium sorbate (E 202), purified talc, stearic acid, polyvidone, soluble starch, hydroxypropylmethylcellulose and triacetin.

Packs of Hedex contain 16 or 32 tablets.

The marketing authorisation holder is Omega Pharma Ltd., 32 Vauxhall Bridge Road, London, SW1V 2SA, United Kingdom and all enquiries should be sent to this address.

The manufacturer is GlaxoSmithKline Dungarvan Ltd., Co. Waterford, Ireland or GlaxoSmithKline GmbH & Co. KG, Benzstraße 25, 71083 Herrenberg, Germany.

This leaflet was last revised in January 2018.

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