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PATIENT INFORMATION LEAFLET
GAVISCON STRAWBERRY FLAVOUR TABLETS
 Sodium alginate
 Sodium hydrogen carbonate
 Calcium carbonate

Please read this leaflet carefully before you take this medicine.
If you are not sure about anything ask your pharmacist or doctor.

What are Gaviscon Strawberry Flavour Tablets?
 Gaviscon Strawberry Flavour Tablets belong to a group of medicines called 'reflux suppressants', which form a protective layer on the top of the stomach contents to prevent stomach acid from escaping from the stomach where it works into the food pipe causing pain and discomfort.

What are Gaviscon Strawberry Flavour Tablets used for?
 Gaviscon Strawberry Flavour Tablets are used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which can occur for example following meals or during pregnancy.

Before taking Gaviscon Strawberry Flavour Tablets:

Do not take this product if:

- you know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see Further information for a full list of ingredients).


Take special care before treatment with Gaviscon Strawberry Flavour Tablets
 Each four-tablet dose contains 11.08 mmol of sodium (254.84 mg) and 3.2 mmol of calcium.

- If you have been advised to follow a diet restricted in either of these salts please consult your doctor.
- The maximum recommended daily dose of this medicinal product contains 1019.36mg sodium (found in table salt). This is equivalent to 50.96% of the adult recommended maximum daily dietary intake for sodium. Talk to your doctor or pharmacist if you need this product on a daily basis for a prolonged period, especially if you have been advised to follow a low salt diet.
- Please also talk to your doctor regarding these salt contents if you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases.

This medicine contains 8.8 mg of aspartame in each tablet. Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body cannot remove it properly.

Pregnancy and Breastfeeding
 You can take this product if you are pregnant or breastfeeding. As with all medicines, the treatment duration should be limited as much as possible.

Taking Other Medicines
 Do **not** take this product within two hours of taking other medicines by mouth as it can interfere with the action of some other medicines. This is especially important if you are taking antibiotics (tetracyclines and quinolones such as norfloxacin), iron preparation, antifungals such as ketoconazole, digoxin and



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beta blockers (for heart conditions), penicillamine (commonly for rheumatoid arthritis), glucocorticoid (for inflammatory and autoimmune disorders), neuroleptics (for mental illness), thyroid hormones, chloroquine (for malaria), estramustine (for prostate cancer) and bisphosphonates (for osteoporosis).

How to take Gaviscon Strawberry Flavour Tablets:
 For oral administration. Chew thoroughly before swallowing.
Adults, including the elderly and children 12 years and over: When symptoms occur take two to four tablets after meals and at bedtime (up to four times a day).

Children under 12 years: Should only be taken on medical advice.

If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

If you take too much of this product you may feel bloated and experience some abdominal discomfort. It is unlikely to cause you any harm, but please consult your doctor or pharmacist.

After taking Gaviscon Strawberry Flavour Tablets:
 If symptoms persist after 7 days consult your doctor.

Possible side effects:
 Very rare (less than 1 in 10,000) chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, itching, difficulty breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor immediately.

Reporting of side effects:
 If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

Storing your medicine:
 Do not use this product after the expiry date (EXP: month/year) shown.
KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.
 Do not store above 25°C. Store in the original package.

Further information:
 Gaviscon Strawberry Flavour Tablets are pale pink, circular, flat tablets with bevelled edges with the odour and flavour of strawberry.
 Each chewable tablet contains 250mg sodium alginate, 133.5mg sodium hydrogen carbonate and 80mg calcium carbonate as the active ingredients. The other ingredients are Mannitol (E421), macrogol 20,000, aspartame (E951), magnesium stearate, xylitol and carmellose sodium, red iron oxide (E172), strawberry cream flavour.

Gaviscon Strawberry Flavour Tablets are available in pack sizes of 8, 16, 24, 32 tablets. Not all pack sizes may be marketed.

Manufacturer and PL Holder in the UK:
 Reckitt Benckiser Healthcare (UK) Ltd., Hull, HU8 7DS.
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