#### PATIENT INFORMATION LEAFLET

### **IBUPROFEN PAIN RELIEF GEL MAXIMUM STRENGTH 10% W/W**

#### Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist. This medicine has been recommended for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours. If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

### WHAT IS IN THIS LEAFLET

- 1. What is Ibuprofen Pain Relief Gel Maximum Strength 10% w/w and what it is used for
- 2. What you need to know before you use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w
- 3. How to use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w
- 4. Possible side effects
- 5. How to store Ibuprofen Pain Relief Gel Maximum Strength 10% w/w
- 6. Contents of the pack and other information

# **1** WHAT IS IBUPROFEN PAIN RELIEF GEL MAXIMUM STRENGTH 10% W/W AND WHAT IT IS USED FOR

buprofen Pain Relief Gel Maximum Strength 10% w/w contains ibuprofen and belongs to a group of medicines called non-steroid anti-inflammatory drugs (NSAIDs). These medicines reduce pain and inflammation, and bring down a high temperature.

Ibuprofen Pain Relief Gel Maximum Strength 10% w/w is used to treat a number of painful conditions affecting the joints and muscles such as back pain, sprains, strains and other sports injuries. It is also used

## for the relief of pain caused by non-serious arthritic conditions and nerve pain (neuralgia) 2 WHAT YOU NEED TO KNOW BEFORE YOU USE IBUPROFEN PAIN RELIEF GEL MAXIMUM STRENGTH 10% W/W

#### DO NOT use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w:

- If you are allergic to ibuprofen, aspirin or similar medicines (e.g. NSAIDs) or any of the other ingredients in this gel (listed at the end of this leaflet).
- If you are asthmatic, or suffer from rhinitis (allergic runny nose) or urticaria (hives)
- On broken, damaged, infected or diseased skin.

#### Take special care with Ibuprofen Pain Relief Gel Maximum Strength 10% w/w

- Protect treated areas from direct sunlight to avoid any sensitivity reaction, e.g. a rash
- If you have had an ulcer or some other problem affecting your stomach or intestines in the past
- If you have asthma or wheezing attacks (or if you have had asthma in the past)
- If you have any kidney problems
- If you develop a rash after using the gel stop using it any further
- If you suffer from bronchial asthma or any allergic disease

If any of the above apply to you, only use this product on advice from your doctor or pharmacist. IBUPROFEN PAIN RELIEF GEL MAXIMUM STRENGTH 10% W/W IS FOR APPLICATION TO THE SKIN ONLY

#### Other medicines and Ibuprofen Pain Relief Gel Maximum Strength 10% w/w

#### Can you use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w with other medicines? Tell your doctor or pharmacist if you are taking, or have recently taken any other medicine, even those not prescribed by a doctor.

The effect of this medicine may affect or be affected by taking the following medicines at the same time: Medicines to lower your blood pressure (e.g. atenolol)

- Medicines used to thin the blood (e.g. warfarin)
- Aspirin or other NSAIDs, used for pain and inflammation

Please tell your doctor or pharmacist if you are taking any of the above, or have recently taken any other medicine - even those not prescribed.

#### Pregnancy and breast feeding

You should not use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w if you are pregnant or breast feeding. Ask your doctor or pharmacist for advice before taking any medicine.

#### Driving and using machines

Ibuprofen Pain Relief Gel Maximum Strength 10% w/w should not affect the ability to drive or use machines. **3** HOW TO USE IBUPROFEN PAIN RELIEF GEL MAXIMUM STRENGTH 10% W/W

Ibuprofen Pain Relief Gel Maximum Strength 10% w/w is designed for topical (on the skin) application only. Never take the gel by mouth. Further information overleaf.

Always use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w exa check with your doctor or pharmacist if you are not sure. Check the se to break seal).

Adults: Squeeze 2 to 5cm (i.e. 0.8 to 2 inches) of gel from the tube at absorbed. This dose should not be repeated more frequently than every a day in any 24 hour period. The amount of gel squeezed would be ed buprofen Pain Relief Gel Maximum Strength 10% w/w should only be Do not use it on or near cuts or grazes or under dressings such as pla contact with your eyes. If it does, rinse your eyes with cold water and washed after applying Ibuprofen Pain Relief Gel Maximum Strength 10

treatment. Do not use the gel on the genital area. If the condition does not improve after two weeks use, or becomes we or pharmacist.

Children: Ibuprofen Pain Relief Gel Maximum Strength 10% w/w is no under 14 years.

#### If the gel is accidentally swallowed

If you accidentally swallow any Ibuprofen Pain Relief Gel Maximum Stre thoroughly and contact your doctor, or nearest hospital, as soon as po cause an upset stomach.

If you forget to use your Ibuprofen Pain Relief Gel Maximum Str If you miss a dose, just carry on with the next dose as normal. Do not

#### 4 POSSIBLE SIDE EFFECTS

Like all medicines Ibuprofen Pain Relief Gel Maximum Strength 10% w not everybody gets them.

#### All medicines can cause allergic reactions although serious alle Any sudden wheeziness, difficulty in breathing, swelling of the itching (especially affecting your whole body) should be reporte Other side effects include:

- Itching or reddening of the skin A burning feeling
- Abdominal Pain (pains in your stomach) or other abnormal stomach

 Kidney problems (particularly in people who have a history of kidney) If any of the side effects get serious, or if you notice any side effects no doctor or pharmacist.

#### Reporting of side effects

Also you can help to make sure that medicines remain as safe as possible via the internet at <u>www.mhra.gov.uk/yellowcard</u>. Alternatively you can call f from 10 a.m. to 2 p.m. Mondays to Fridays) or in a paper form available fro

### 5 HOW TO STORE IBUPROFEN PAIN RELIEF GEL MAXIMUM

Keep this medicine out of the sight and reach of children.

Do not use Ibuprofen Pain Relief Gel Maximum Strength 10% w/w after the tube. The expiry date refers to the last day of that month. They should be stored in a cool, dry place, below 25°C. Keep the tube

packaging in order to protect from light.

Medicines should not be disposed of via wastewater or household was dispose of medicines no longer required. These measures will help to

Remember: This medicine is for you. Never give this medicine to sor even if their symptoms seem the same as yours.

#### 6 CONTENTS OF THE PACK AND OTHER INFORMATION

What Ibuprofen Pain Relief Gel Maximum Strength 10% w/w co The active substance is ibuprofen. The other ingredients are hydroxyet alcohol, isopropyl alcohol and purified water.

What Ibuprofen Pain Relief Gel Maximum Strength 10% w/w loo Ibuprofen Pain Relief Gel Maximum Strength 10% w/w is supplied in a 50g of gel. Not all pack sizes may be marketed.

Marketing Authorisation Holder: Mercury Pharma Group Ltd., Cap London, EC4N 7BL, UK

Manufacturer: Mercury Pharmaceuticals Ltd., Capital House, 85 King Alternate Manufacturer: Farmasierra Manufacturing S.L. Carretera Sebastian De Los Reyes, Madrid, Spain.

This leaflet was last revised in January 2018.

actly as this leaflet tells you. You should eal is intact before first use (invert cap
and rub into the affected area until four hours and no more than four times quivalent to 50 to 125mg of ibuprofen. e used on healthy, unbroken skin. asters. Do not let any gel come in consult your doctor. Hands should be 0% w/w, unless they are the site of
orse at any time, speak to your doctor
ot recommended for use in children
rength 10% w/w, rinse out your mouth ossible. If swallowed, the gel may
rength 10% w/w: apply a double dose.
v/w can cause side effects, although
ergic reactions are rare. eyelids, face or lips, rash or ed to a doctor immediately.
• Sore or weeping spots symptoms disease). ot listed in this leaflet, please tell your
by reporting any unwanted side effects Freephone 0808 100 3352 (available om your local pharmacy.
STRENGTH 10% W/W
er the expiry date which is stated on
e tightly closed. Store in original
ste. Ask your pharmacist how to protect the environment.
omeone else, it could harm them,
ontains thylcellulose, sodium hydroxide, benzyl
oks like and contents of the pack aluminium tubes containing 30g or
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