# PACKAGE LEAFLET: **INFORMATION FOR THE USER**

## **STUD 100 Desensitizing Spray for Men** Lidocaine 9.6% w/w

Read all of this leaflet carefully before you start using this medicine because it contains important information for you. Always use this medicine exactly as described in this leaflet.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. •
  - This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet:

1. What STUD 100 is and what it is used for

- 2. What you need to know before you use STUD 100
- 3. How to use STUD 100
- 4. Possible side effects
- 5. How to store STUD 100
- 6. Contents of the pack and other information

### 1. What STUD 100 is and what it is used for

STUD 100 contains the active substance lidocaine. Lidocaine is a local anaesthetic which is used to reduce the sensitivity to touch of the penis just before intercourse (sex). The reduction in sensitivity helps to delay ejaculation (climax) in cases of over-rapid or premature ejaculation (coming to a climax too quickly).

#### 2. What you need to know before you use STUD 100

#### X Do not use STUD 100:

If you or your partner are allergic to lidocaine or any of the other ingredients of this medicine (listed in section 6).

#### Warnings and precautions

Take special care with STUD 100 and always ask your doctor before using the medicine if you have, or have ever had, liver or kidney problems. Discontinue use if a rash or irritation develops. If symptoms persist, consult a doctor.

#### Other medicines and STUD 100

High blood levels of the active ingredient of STUD 100, lidocaine, can cause interactions with other medicines. The amount of absorption of lidocaine from Stud 100 is likely to be very low. However, you should ask your doctor or pharmacist for advice before using the spray if you are taking or have recently taken any other medicines, including medicines or herbal therapies obtained without a prescription.



The use of STUD 100 is not recommended if your partner is pregnant.

STUD 100 can transfer to your partner during intercourse.

#### **Driving and using machines**

STUD 100 is unlikely to impair the ability to drive or operate machinery.

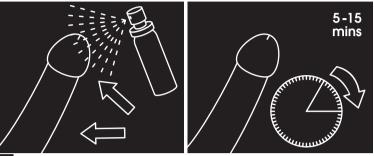
#### 3. How to use STUD 100

The quantity used and timing will vary with individual requirements, but the usual recommended dosage is 3 to 8 sprays to the head and the shaft of the penis, 5 to 15 minutes before intercourse. You should always use the minimum effective quantity.

- This spray is for external use only. Do not spray near the eyes or nostrils.
- Do not use on broken or inflamed skin.
- Wash off the spray after intercourse
- Do not use the spray for more than 3 months without consulting your doctor.
- Do not exceed a maximum of 24 sprays in 24 hours.

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#### Elderly X

STUD 100 is not recommended for use by the elderly.

#### If you use more STUD 100 than is recommended If you use too much of the product you should seek medical advice.

If you have any further questions on the use of this product, please ask your doctor or pharmacist.

#### 4. Possible side effects

Like all medicines, STUD 100 can cause side effects, although not everyone gets them.

Allergic reactions to lidocaine have been reported very rarely. If you or your partner develop a rash, or irritation, stop using the spray If the side effect becomes serious, or if you notice any other side effects, please tell your doctor or pharmacist.

When STUD 100 is used correctly as described in this leaflet, only extremely low levels of lidocaine are absorbed into the blood. However, higher blood levels of lidocaine (about 25 times higher than the blood levels achieved with the recommended maximum daily dose of STUD 100) have been associated with side effects such as nervousness, dizziness, convulsions (fits), loss of consciousness, as well as effects on the heart and lungs.

#### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

United Kingdom Yellow Card Scheme Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store

Malta ADR Reporting Website: www.medicinesauthority.gov.mt/adrportal

## 5. How to store STUD 100

- Keep out of the sight and reach of children.
- Do not use STUD 100 after the expiry date which is stated on the can. The expiry date refers to the last day of that month.
- Store below 25°C.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### 6. Contents of the pack and other information

#### What STUD 100 contains:

The active substance is Lidocaine Base USP 9.6% w/w. The other ingredients are Isopropyl Myristate, Stearic Acid, 2-(2-Ethoxyethoxy)ethanol and fragrance What STUD 100 looks like and contents of the pack: Aluminium can with metered pump spray and aluminium cap, containing 12g STUD 100 Desensitizing Spray for Men. **Marketing Authorisation Holder** Pound International Ltd 47b Welbeck Street London W1G 9XA United Kingdom Manufacturer Fleet Laboratories Limited 94 Rickmansworth Road Watford, Herts. WD18 7JJ United Kingdom This leaflet was last revised in 04/2018 4092C 18/05/2018 16:54 SO50165 4092C P6.indd 2