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If you take more Ibuprofen Tablets than you should, or if children have taken this medicine by accident always contact a doctor or nearest hospital to get an opinion of the risk and advice on action to be taken.

The symptoms can include nausea, stomach pain, vomiting (may be blood streaked), headache, ringing in the ears, confusion and shaky eye movement. At high doses, drowsiness, chest pain, palpitations, loss of consciousness, convulsions (mainly in children), weakness and dizziness, blood in urine, cold body feeling, and breathing problems have been reported.

If you forget to take Ibuprofen Tablets

Simply refer to the directions above on how to take the medicine and do not take more than is advised.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Ibuprofen can cause side effects, although not everybody gets them. Side effects may be minimised by taking the lowest dose for the shortest time necessary to relieve the symptoms. You may suffer one of the known side effects of NSAIDs (see below). If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, tell your doctor or pharmacist.

STOP TAKING the medicine and Seek immediate medical help if you develop: Signs of intestinal bleeding such as: bright red faeces (stools/motions), black tarry stools, vomiting blood or dark particles that look like coffee grounds

Signs or serious allergic reaction such as:

- difficulties in breathing or unexplained wheezing
- dizziness or faster heartbeat
- severe forms of skin reactions such as itchiness, skin rash with redness, peeling, flaking or blistering (e.g.: Steven-Johnson syndrome) swelling of your face, tongue or throat

Signs of kidney problems such as:

- passing less or more urine.
 - pain in the back and/or swelling

Signs of aseptic meningitis with neck stiffness, headache, feeling sick, being sick, fever or consciousness. Patients with autoimmune may be more likely to be affected

A severe skin reaction known as DRESS syndrome can occur.

Symptoms of DRESS include: skin rash, fever, swelling of lymph nodes and an increase of

STOP TAKING the medicine and tell your doctor If you experience following uncommon

- indigestion, heartburn or feeling sick
- pains in your stomach (abdomen) or other abnormal stomach problems

following side effects, they become worse or you notice any effects not listed:

Uncommon side effects

- which affect 1 to 10 users in 1,000:
- allergic reactions, such as skin rashes (urticaria), itching, peeling

flatulence (wind), diarrhoea, constipation and

1 user in 10,000:

- blood disorder resulting in unexplained or unusual bruising or bleeding, fever, sore throat, mouth ulcers, flu-like symptoms
- drop in blood pressure or irregular heart beat
- bleeding and, perforation, inflammation of the lining of the mouth with ulceration (ulcerative

stomatitis), inflammation of the stomach (gastritis)

liver problems

Side effects for which the frequency con not be estimated from available data:

• swelling (oedema), high blood pressure, heart failure or attack

worsening of colitis and Crohn's disease Not known:

 A red, scaly widespread rash with bumps under the skin and blisters mainly localized on the skin folds, trunk, and upper extremities accompanied by fever at the initiation of treatment (acute generalised exanthematous pustulosis). Stop using Ibuprofen if you develop these symptoms and seek medical attention immediately. See also section 2.

Medicines such as Ibuprofen Tablets may be associated with a small increased risk of heart attack ("myocardial infarction") or stroke. See Section 2 'Other warnings'.

Reporting of side effects

If you get any side effects, talk to your doctor, side effects not listed in this leaflet. You can also Scheme at: www.mhra.gov.uk/yellowcard or by searching for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. HOW TO STORE IBUPROFEN TABLETS

- not require any special storage conditions. Securitainer/Pharmapac bottles: Store below
- 25°C, Keep the bottle tightly closed. Do not use after the expiry date shown on the
- Keep out of the sight and reach of children

6. CONTENTS OF THE PACK AND OTHER

Each tablet contains the active ingredient Ibuprofen 200mg. The tablets also contain: lactose monohydrate, maize starch, hypromellose, sodium starch glycollate, colloidal anhydrous silica, magnesium stearate, sucrose, purified talc, titanium dioxide (E171), carnauba wax, coloring agent (sucrose, titanium dioxide (E171), sunset yellow lake (E110), erythrosine lake (E127), sodium

sugar coated tablets.

available in blister packs of 12, 16, 24, 48, 84 and 96 tablets. The product is also available in pots of 25, 50 or 1000 tablets.

Marketing Authorisation Holder: Flamingo Pharma (UK) Ltd.

1st Floor, Kirkland House, 11-15 Peterborough Road, Harrow, Middlesex, HA1 2AX, UK

Wave Pharma Ltd.

4th Floor Cavendish House, 369 Burnt Oak Broadway, Edgware, HA8 5AW, United Kingdom.

Flamingo Pharma (UK) Limited

4th Floor, Cavendish House, 369 Burnt Oak

If you would like this leaflet in different format information or want to report any side effects please contact marketing authorization holder

This leaflet was last revised in November 2019.

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IBUPROFEN 200MG TABLETS

PATIENT INFORMATION LEAFLET

Please read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again. Ask your pharmacist if you need more informatior
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible
- side effects not listed in this leaflet. See section 4. You must contact a doctor if your symptoms worsen or do not improve after 3 days for children and adolescents between 12 and 18 years and

after 10 days for adults. WHAT IS IN THIS LEAFLET

- 1. What Ibuprofen Tablets are and what they are
- used for 2. What you need to know before you take Ibuprofen Tablets
- 3. How to take Ibuprofen Tablets
- 4. Possible side effects
- 5. How to store Ibuprofen Tablets
- 6. Contents of the pack and other information

1. WHAT IBUPROFEN TABLETS ARE AND WHAT THEY ARE USED FOR

The active ingredient (which makes the medicine work) is Ibuprofen. It belongs to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs). NSAIDs provide relief by changing the body's response to pain, swelling, and high temperature.

Ibuprofen Tablets are used for the relief of:

- Headaches and migraine pain
- Dental pain and neuralgia

390 mm

- Period pain
- Rheumatic, muscular and back pain Feverishness and symptoms of cold and flu

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE IBUPROFEN TABLETS

Do not take these tablets if you:

- are allergic to ibuprofen or any of the other ingredients: (see section 6) or to aspirin or other painkillers
- have ever had a stomach ulcer, perforation or bleeding
- have had a worsening of asthma, skin rash, itchy runny nose or facial swelling when previously taking ibuprofen, aspirin or similar medicines
- have had gastrointestinal bleeding or perforation when previously taking NSAIDs (Non-steroidal anti-inflammatory drugs)
- are taking other NSAIDs (Non-steroidal Anti-inflammatory Drugs)
- are taking more than 75mg of aspirin a day. If you are on low-dose aspirin (up to 75mg daily) speak to your doctor or pharmacist before you take this medicine
- have severe liver or kidney problems
- have heart problems, high blood pressure or blood coagulation disorder
- have breathing difficulties
- are in the last 3 months of pregnancy
- are under 12 years old

Warnings and precautions

Take special care with Ibuprofen 200 mg Tablets:

Skin reactions:

Serious skin reactions have been reported in association with Ibuprofen treatment. You should stop taking Ibuprofen and seek medical attention immediately, if you develop any skin rash, lesions of the mucous membranes, blisters or other signs of allergy since this can be the first signs of a very serious skin reaction. See section 4.

Talk to your doctor, pharmacist or nurse before taking this product if you:

- have or have had asthma
- have kidney, heart, liver or bowel problems have high cholesterol or previously have had a heart attack or stroke
- have a history of gastrointestinal disease (such as ulcerative colitis, Crohn's disease)
- have Systemic Lupus Erythematosus (a condition of the immune system rousing joint pain skin

- changes and other organ disorders)
- are in the first 6 months of pregnancy

Other medicines and Ibuprofen Tablets

To reduce the risk of side effects, do not take this product with other NSAID containing products (e.g. aspirin, ibuprofen). If you are on low-dose aspirin (up to 75mg daily), speak to your doctor or, pharmacist before you take this medicine. Ibuprofen may affect or be affected by some other

For example:

Avoid taking this product with corticosteroid tablets quinolone antibiotics or drugs that are prescribed: medicines that are anti-coagulants (i.e. thin blood/prevent clotting: e.g. aspirin/acetylsalicylic

- acid, warfarin, ticlopidine), to stimulate your heart (e.g. glycosides),
- medicines that reduce high blood pressure (ACE-inhibitors such as captopril, beta-blockers such as atenolol medicines, angiotensin-II receptor antagonists such as losartan),
- to help you passing water (diuretics),
- for the temporary suppression of your immune system (e.g. methotrexate, ciclosporine,
- tacrolimus). for mania or depression (e.g. lithium or SSRIs),
- for pregnancy termination (e.g. mifepristone),

• for HIV treatment (e.g. zidovudine). Some other medicines may also affect or be affected by the treatment of Ibuprofen. You should therefore always seek the advice of your doctor or pharmacist before you use Ibuprofen

with other medicines.

- Other warnings Ibuprofen Tablets belongs to a group of medicines which may **Impair fertility in women**. This is reversible on stopping the medicine. It is unlikely that Ibuprofen Tablets used occasionally will affect your chances of becoming pregnant. However, tell your doctor before taking this medicine if you have
- problems becoming pregnant. • Anti-inflammatory/pain-killer medicines such as ibuprofen may be associated with a small increased risk of heart attack or stroke, particularly when used at high doses. Do not exceed the
- recommended dose or duration of treatment. You should discuss your treatment with your doctor
- or pharmacist before taking Ibuprofen if you: have heart problems including heart failure, angina (chest pain), or if you have had a heart attack, bypass surgery, peripheral artery disease (poor circulation in the legs or feet due to narrow or blocked arteries), or any kind of stroke (including mini- stroke or transient ischaemic
- attack 'TIA'). have high blood pressure, diabetes, high cholesterol, have a family history of heart disease
- or stroke, or if you are a smoker. There is a risk of renal impairment in dehydrated children and adolescents.

Pregnancy and breast feeding

the doctor advises otherwise.

Tell your doctor if you become pregnant whilst taking ibuprofen. Do not take this medicine in the last 3 months of pregnancy. Avoid the use of this medicine in the first 6 months of pregnancy, unless

Speak to your doctor or pharmacist before taking this medicine if you are breastfeeding.

3. HOW TO TAKE IBUPROFEN TABLETS This product is for short term use only. You should take the lowest dose for the shortest time

necessary to relieve your symptoms.

Adults, the elderly and children & adolescents between 12 and 18 years: Take 1 or 2 tablets with water, up to three times a

Leave at least four hours between doses. Do not take more than 6 tablets in 24 hours. Do not give to children under 12 years. In children and adolescents between 12 and

If in children and adolescents this medicinal product is required for more than 3 days, or if symptoms worsen a doctor should be consulted.

day as required.

18 years:

Do not take for longer than 10 days unless your

 cloudy urine or blood in urine. (particularly in the legs).

eosinophils (a type of white blood cells).

- side effects which affect 1 to 10 users in 1000:
- TELL YOUR DOCTOR if you have any of the

- headaches Rare side effects which affect 1 to 10 users in
- Very rare side effects which affect less than
- and severe exhaustion
- stomach or intestinal ulcers, sometimes with

PHARMA CODE worsening of asthma or bronchospasm

pharmacist or nurse. This includes any possible report side effects directly via the Yellow Card

- Blister packaging: This medicinal product does

benzoate (E211), hydrochloric acid (E507). disorders (lupus, mixed connective-tissue disease) This product contains pink, shiny, biconvex, circular,

> Ibuprofen 200 mg Tablets (PL 43461/0004) are available in blister packs of 12 and 16 tablets. Ibuprofen 200 mg Tablets (PL 43461/0007) are

Manufacturers:

Broadway, Edgware, HA8 5AW, United Kingdom

PL 43461/0007 PL 43461/0004